



# MEETING MINUTES


Board of Health  
January 14, 2019

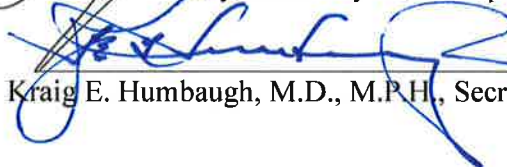
TOPIC	DISCUSSION
Call to Order	<ul style="list-style-type: none"> <li>Kacy Allen-Bryant called the meeting to order at 5:50 p.m.</li> </ul>
Attendance	<p><b>PRESENT:</b> Ms. Allen-Bryant, Ms. Blevins-Booth, Dr. Dossett, Mr. Friesen, Dr. Jasinski, Dr. Majmundar, Ms. Mason, Ms. Roberts Pierre, Mr. Reed, Dr. Zimmerman.</p> <p><b>OTHERS PRESENT:</b> Dr. Humbaugh, Health Department Staff, LFCHD Council.</p>
Approval of the December 10, 2018 Minutes	<ul style="list-style-type: none"> <li>Dr. Dossett made a motion to approve the December 1, 2018 Board of Health minutes. Ms. Roberts Pierre seconded the motion. The motion passed.</li> </ul>
CARES Award Winner	<ul style="list-style-type: none"> <li>Michelle Donaghy provided an overview of the CARES recognition program. The program recognizes an employee who demonstrates one or more of our CARES values. The values are Caring, Accountability, Respect, Equity, and Service (CARES). The program began in October 2018. Employees are nominated by other employees. Nominations are reviewed by an employee committee, and a quarterly winner is selected. We received several nominations for the inaugural award. The winner was selected and announced at the <i>All-Staff</i> meeting in December, 2018.</li> <li>M. Donaghy introduced our winner, Andrew Ralston. He is an IT Technician. He received multiple glowing nominations including commendations for “going the extra mile” and “volunteering to stay after work to help with issues”. Dr. Humbaugh said A. Ralston has been a key part of the culture change in IT under the leadership of Cara Kay and Matthew Bone.</li> <li>Board members congratulated A. Ralston on his well-deserved win.</li> </ul>
Community Supported Agriculture	<ul style="list-style-type: none"> <li>Dr. Humbaugh introduced Tara Mason, our Community Health Education and Equity (CHEE) team leader, to discuss the Community Supported Agriculture (CSA) program.</li> <li>T. Mason said CSAs are farm shares. Participants pay upfront and partner with the farmer through the growing season. The program provides local, certified organic food. Elmwood Stock Farm will be our partner for this program.</li> <li>Benefits include access to healthy food, convenience, opportunity to try new foods, and keeping food dollars in our community.</li> <li>According to a recent Centers for Disease Control and Prevention report, just 9.3% of Americans consume the daily recommended amount of vegetables. Kentucky scores even lower, at 6.3%.</li> <li>A pilot study by Dr. Tim Woods at the University of Kentucky Agriculture Economics Department has shown those enrolled in CSAs increase their</li> </ul>

	<p>fruit and vegetable intake and perceived health, while decreasing the number of doctor visits and medical expenses.</p> <ul style="list-style-type: none"> <li>• The Lexington-Fayette County Health Department (LFCHD) 2019 CSA pilot program will offer 25 \$200 vouchers to full-time staff to put toward the cost of the CSA share they select. All interested staff will join a lottery for the 25 vouchers. Those who do not receive vouchers may still participate. The total cost for LFCHD will be \$5,500.</li> <li>• T. Mason presented details on how the vouchers would apply toward CSA share purchases and that the remaining balance could be collected via payroll deduction.</li> <li>• CSA shares will be available from May through October and may be picked up at our North location or at one of around a dozen pick-up locations around Lexington.</li> <li>• T. Mason showed the board the CSA website that has been set up for us. She demonstrated the sign-up process and detailed the timeline for the program.</li> <li>• Dr. Majmundar thinks this is a wonderful program and recommends we gather data on those who participate so we can better determine the effectiveness of the program. K. Hall said we can conduct a satisfaction survey that will also determine how many people tried new foods.</li> <li>• K. Allen-Bryant asked if fruit was also available. T. Mason said they have very limited fruit offerings, but eggs and meat can be added to shares, for an additional cost.</li> </ul>
Commissioner's Report	<ul style="list-style-type: none"> <li>• Dr. Humbaugh began the commissioner's report by wishing everyone a happy new year. He welcome Geoff Reed to the Board of Health (BOH).</li> <li>• Andrew Farrey has joined LFCHD as an epidemiologist. Ken Kik is coming onboard as our preparedness coordinator. A CDC assignee has joined us to support our disease investigation staff.</li> <li>• The annual BOH retreat will be held Friday, February 8, 2019 at Graham Cottage on the campus of Transylvania University. We are probably the only Board of Health in the Commonwealth that holds a yearly retreat.</li> <li>• The Kentucky Association of Local Boards of Health (KALBOH) will host a virtual meeting on January 31, 2019. Laura Foley will provide the link to board members.</li> <li>• Dr. Humbaugh sent congratulatory notes to newly-appointed council members and legislators. He detailed several bills that may be considered in the current legislative session.</li> <li>• At the federal level, we are currently in a partial government shutdown. The WIC program is a USDA program and operates on a continuing resolution. The state has drawn down enough funds to continue regular WIC functions through the end of March, 2019.</li> <li>• Ongoing facilities work include a new roof at our South locations, a new public restroom in the community room, and repair to the elevator at North.</li> <li>• As of this date, there have been 141 hepatitis A cases in Fayette County. We continue to work with the detention center to offer vaccinations for inmates. The shots are now being administered by the nurses contracted by the facility.</li> <li>• Influenza is reportedly at the <i>widespread</i> level at this time. There has</li> </ul>

	<p>been one flu-related death in Fayette County so far this season.</p> <ul style="list-style-type: none"> <li>• A case of pertussis was identified in a county high school. A letter was sent to school families and the Communications Division distributed a press release.</li> <li>• The Environmental Health Branch is working to collect fees from county restaurants who have not yet paid them.</li> <li>• The needle exchange program (NEP) saw record participation in August and October. We have completed nearly 20,000 visits in the life of the program, and have distributed over three-quarters of a million clean needles.</li> <li>• The Kentucky Department for Public Health (KDPH) has announced over one million dollars in grant opportunities for local health departments for programs and services related to the opioid epidemic. We are focusing on seeking funds for the NEP, education, and prevention.</li> <li>• The window to submit a request to provide school health services in the new contract period will open soon. LFCHD staff are working to prepare our proposal.</li> <li>• KDPH is developing a public health transformation plan. The goal is to improve health outcomes in the Commonwealth.</li> <li>• Dr. Humbaugh shared predictions for 2019. We will achieve reaccreditation this summer. The NEP will continue to grow and evolve to meet changing needs. There will not be an electronic health record (EHR) released by the state this year. A new Medicaid waiver will likely result in an increased need for LHDs to assure clinical services. There will likely be legislation to legalize medical marijuana.</li> </ul>
Finance Committee Report	<ul style="list-style-type: none"> <li>• C. Kay presented the finance report. In November, we received a large portion of funds from tax receipts. We currently hold 22M in cash. We are above budget on revenue and under budget on expenses.</li> <li>• C. Kay and her team are in the process of completing a mid-year budget. It will be shared with the BOH at the February 2019 meeting. She is anticipating some additional capital expenses, but the net change will be minimal.</li> <li>• C. Kay attended the Public Health Pension Oversight Board meeting in December 2018. Pension plan options discussed included making no changes, resulting in a large rate increase in the next fiscal year; making structural changes that would move Tier 1 and Tier 2 employees into the Tier 3 system; or offering a fixed portion for the current liability and a new system for current and future employees. The legislative session ends in late March, so we may have some answers by that time.</li> </ul>
Executive Committee Report	<ul style="list-style-type: none"> <li>• K. Allen-Bryant said the committee would like the board to discuss revitalization of board committees during the upcoming retreat.</li> <li>• The health department would like to nominate Leslie Jarvis to the merit council. L. Jarvis has many years of HR experience in banks and urban county government. K. Allen-Bryant made a motion to appoint L. Jarvis to the merit council. Sherelle Roberts Pierre seconded the motion. The motion passed unanimously.</li> </ul>
Marketing and Branding Committee Report	<ul style="list-style-type: none"> <li>• S. Roberts Pierre was onsite for the television interview on pertussis this evening. She said we did a great job and encouraged us to continue to recognize the importance of a strong relationship with the media.</li> </ul>

Nominating/Bylaws Committee Report	<ul style="list-style-type: none"> <li>No report.</li> </ul>
Program Outcomes/Evaluation Committee Report	<ul style="list-style-type: none"> <li>No report.</li> </ul>
Policy/Protocol Committee Report	<ul style="list-style-type: none"> <li>No report.</li> </ul>
Communications Report	<ul style="list-style-type: none"> <li>Kevin Hall invited board members to join us in the CSA program. Anyone interested may contact L. Foley for more information.</li> <li>Monthly media appearances focused on hepatitis A. Dr. Humbaugh appeared on a local radio show on <i>Lexington Community Radio</i>. L. Foley will forward the podcast, when it becomes available.</li> <li>Our top tweet was about hepatitis A. We had over 80,000 impressions and added 17 new followers.</li> <li>On Facebook, our reach was nearly 35,000. Our top post was our public health wish list.</li> <li>In January, we will be sharing 2019 health tips and information on winter safety, flu shots, and hepatitis A. In February, we will focus on heart health and safe sex.</li> </ul>
Open Comment	<ul style="list-style-type: none"> <li>None presented.</li> </ul>
Closed Session	<ul style="list-style-type: none"> <li>Dr. Majmundar made a motion for the board to enter closed session at 7:12 p.m. Dr. Zimmerman seconded the motion. The board entered closed session.</li> <li>Dr. Majmundar made a motion for the board to exit closed session at 7:27 p.m. Mr. Friesen seconded the motion. The board exited closed session.</li> </ul>
Adjournment	<ul style="list-style-type: none"> <li>Dr. Majmundar made a motion to adjourn at 7:28 p.m. Mr. Friesen seconded the motion. The meeting adjourned at 7:28 p.m.</li> </ul>

  
 Kacy Allen-Bryant, Chairperson

  
 Kraig E. Humbaugh, M.D., M.P.H., Secretary