

## HOW DO I PREPARE?

CREATE A HOME EMERGENCY KIT





NON-PERISHABLE FOOD



BOTTLED WATER



**MEDICATIONS** 



FLASHLIGHT + EXTRA BATTERIES



FIRST AID KIT



WARM CLOTHING



BABY SUPPLIES



PET SUPPLIES

## KNOW THE SYMPTOMS OF COVID-19



**FEVER** 



COUGH



**SHORTNESS OF BREATH** 

SPREADS
THROUGH
CLOSE
CONTACT

## TAKE EVERYDAY PRECAUTIONS



WASH YOUR HANDS



DON'T TOUCH FACE



**AVOID SICK PEOPLE** 

INFORMATION + UPDATES: www.lfchd.org

